## CONFIRMATION OF ATTENDANCE

If you are planning to come on a walk, please text or WhatsApp the leader so that he/she knows to expect you and can contact you if the walk details change (for example, if the weather forecast is very poor or the leader is taken ill).

## TRANSPORT

CDWG is not responsible for organising transport and it is your responsibility to get to the start point (in good time to be ready to leave by the advertised time – please aim to arrive 15 minutes in advance of this).

## LEADING WALKS AND EVENTS

Everyone in the group is encouraged to organise walks and other events. If you would like some advice, any member of the committee will be happy to help or contact us at cdwg.info@gmail.com.

## WEEKENDS AWAY

Our weekends away usually involve a stay at a holiday cottage. Places need to be booked well in advance, so you must book with the organiser to ensure a place.

## OFF-PROGRAMME EVENTS

We often have extra events that perhaps weren't planned in time for the programme or are slightly different to our usual activities. These are circulated to all paid up members via email and are unlikely to appear anywhere else.

## PHOTOGRAPHS



Please note that any photographs taken on CDWG walks or events may be used on the group website, social media or marketing materials. Please inform the organiser if you do not wish to appear in photographs.

## ATTENDANCE IS AT YOUR OWN RISK

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## ESSENTIAL WALKING & SAFETY EQUIPMENT

For all walks it is *essential* to wear walking boots, thick socks, suitable trousers or shorts (not jeans), and suitable clothing for the weather and time of year. Waterproof jackets should be brought on walks along with waterproof trousers if possible.

For winter walks, several layers of clothing are better than one thick layer. Spare clothing, including a hat and gloves are essential in winter.

Plenty of food is also a good idea, along with hot drinks in winter and plenty of water and protection from the sun in summer (sunhat and lotion).

In the interests of safety, walk leaders may refuse to take those considered to be ill equipped or not fit enough for the day's walk. Contact the leader if in doubt over suitable clothing, equipment and fitness levels.

**Sorry, we are not insured for and do not allow under 18s or dogs on our walks**

## TYPES OF WALK: ★ / ★★ / ★★★

Walks are "star" graded according to factors such as distance, terrain and ascent. A change in weather can also affect the difficulty of a walk. Use these grades as a guide for which walks to try:

- 1★ walks will generally be shorter, gently paced and over easy terrain such as lowland hills (e.g. Sandstone Trail, Cheshire).
- 2★ walks may be longer in distance, involve more ascent or cover rougher terrain but with no technical ability required (e.g. Moel Famau, Clwydians).
- 3★ walks may be faster paced, or a longer distance, and will usually involve steep ascents over rough ground, often involving scrambling and requiring a good head for heights (e.g. Carneddau, Glyders in Yr Wyddfa/Snowdonia).

Evening walks are not graded as they are relatively short and even with hills are rarely more than an upper 1★.

Chester & District Walking Group

# PROGRAMME
# OCTOBER – DECEMBER 2026

## Chester and District Walking Group

A friendly group bringing together people from Cheshire, Wirral, North Wales and surrounding areas who enjoy walking and socialising.

## MEMBERSHIP

Membership is £10 a year, although you are encouraged to attend two or three events before deciding to join. Everyone over the age of 18 is welcome.

Subscriptions are due on joining and renewed following the AGM in November. They go towards the cost of running the group, including website maintenance, publicity, insurance, general administration and give you access to our detailed weekly walk emails.

| | |
|---|---|
| **Chair** | Christine Darwen |
| **Secretary** | Bernie Leadbeater |
| **Vice Chair & Treasurer** | Nikki Young |
| **Social Secretary** | Lisa Buckley |
| **Website** | Peter Benson |
| **Programme Secretary** | Juliet Leadbeater |

cdwg.info@gmail.com
www.chesterwalking.org.uk

# OCTOBER

**Sun 4th** **Hilbre Island** ★
**10:30am start** **10 miles**
A one hour walk to Hilbre Island at low tide. We can spend up to 2 hours there before returning by 3pm.

**Sun 11th** **Glyndyfrdwy** ★★
**9.30am start** **10 miles**
Scenic circular walk taking moorland path up to Vivod Mountain and then onto Ceiriog Forest, then on for final return section across moorland paths.

**Wed 14th** **Foxhill Arboretum**
**10.30 am start** **6 miles**
Lovely walk along parts of the sandstone trail including the amazing view point on Frodsham Hill. Option to have a drink or lunch at the Hornsmill pub afterwards

**Sun 18th** **Sandiway Library** ★
**10.15 am start** **9 miles**
Circular walk along Oakmere Way, on paths in Delamere Forest and near Norley.

**Sat 24th** **Liverpool** Social
**4 pm** River of Light Liverpool Waterfront Trail. A meal beforehand is planned at Villa Romana (Italian). A deposit & notice to attend will be needed

**Sun 25th** **Hayfield** ★★
**10am start** **7 miles**
Lantern Pike from Hayfield via Kinder Reservoir

# NOVEMBER

**Sun 1st** **Wharf Tea Rooms, Llangollen** ★
**10 or 11am start** **6.5 miles**
Breakfast at Wharf Tea Rooms, then a circular walk to enjoy the beautiful autumn colours

**Wed 4th** **St Asaph Cathedral** ★
**10.30am start** **4 to 5 miles**
Riverside paths along Afon Elwy, fields & quiet lanes. Option for lunch in a cafe afterwards

**Sun 8th** **Malpas** ★
**10am start** **8.5 miles**
Starting from the free high street car park the walk will take about 5 hours including breaks

**Fri 13th to Sun 15th** **Buxton** Walking weekend
A weekend in Buxton with walks on Saturday & Sunday. Meals out planned for Friday & Saturday evenings (optional)

**Sun 22nd** **Malpas** ★
**10am start** **9 miles**
Circular walk heading west from Malpas towards the Welsh border & incorporating a stretch of the Bishop Bennet Way. Drinks in The Lion public house afterwards.

**Sun 29th** **Loggerheads** ★★
**10am start** **9 miles**
Circular walk following the bridlepath around Moel Famau & up to Jubilee Tower. The descent follows Offa's Dyke & onto quiet lanes & fields

# DECEMBER

**Sat 5th** **Cilcain** ★★
**10.30am start** **9 miles**
A circular walk up Moel Arthur and then easier walking to the north, bringing us back in time to eat at The Cherry Pie.

**Sat 5th The Cherry Pie, Nannerch** Social
**5.30pm** If you haven't been before you are in for a treat. Good traditional Food, great portions and sensible prices. a £10 deposit will be required.

**Sun 13th** **Llanarmon yn lal** ★
**10.30am start** **6 miles**
Circular. Llanarmon yn lal to old quarry to Moel Gyw to Offas Dyke, then turning east below Moel Llech and return. TBC

**Sun 19th** **Telfords Warehouse, Chester** Social
**9pm start** Safehouse soul band. Great for dancing.

**Sun 20h** ★
**10.30am start** **6.5 miles**
We explore the Moore Nature Reserve, a 're-natured' oasis in the industrial area west of Warrington with seasonal wildlife treats.

**Sat 26th** **Tarporley** ★
**11am start** **8 miles**
An easy going 8 mile walk from starting at Tarporley