#### **CONFIRMATION OF ATTENDANCE**

If you are planning to come on a walk, please text or WhatsApp the leader so that he/she knows to expect you and can contact you if the walk details change (for example, if the weather forecast is very poor or the leader is taken ill).

#### **TRANSPORT**

CDWG is not responsible for organising transport and it is your responsibility to get to the start point (in good time to be ready to leave by the advertised time – please aim to arrive 15 minutes in advance of this).

#### **LEADING WALKS AND EVENTS**

Everyone in the group is encouraged to organise walks and other events. If you would like some advice, any member of the committee will be happy to help or contact us at cdwg.info@gmail.com.

#### **WEEKENDS AWAY**

Our weekends away usually involve a stay at a holiday cottage. Places need to be booked well in advance, so you must book with the organiser to ensure a place.

#### **OFF-PROGRAMME EVENTS**

We often have extra events that perhaps weren't planned in time for the programme or are slightly different to our usual activities. These are circulated to all paid up members via email and are unlikely to appear anywhere else.

#### **PHOTOGRAPHS**



Please note that any photographs taken on CDWG walks or events may be used on the group website, social media or marketing materials. Please inform the organiser if you do not wish to appear in photographs.

### ATTENDANCE IS AT YOUR OWN RISK

# ESSENTIAL WALKING & SAFETY EQUIPMENT

For all walks it is *essential* to wear walking boots, thick socks, suitable trousers or shorts (not jeans), and suitable clothing for the weather and time of year. Waterproof jackets should be brought on walks along with waterproof trousers if possible.

For winter walks, several layers of clothing are better than one thick layer. Spare clothing, including a hat and gloves are essential in winter.

Plenty of food is also a good idea, along with hot drinks in winter and plenty of water and protection from the sun in summer (sunhat and lotion).

In the interests of safety, walk leaders may refuse to take those considered to be ill equipped or not fit enough for the day's walk. Contact the leader if in doubt over suitable clothing, equipment and fitness levels.

Sorry, we are not insured for and do not allow under 18s or dogs on our walks

#### TYPES OF WALK: ★ / ★★ / ★★★

Walks are "star" graded according to factors such as distance, terrain and ascent. A change in weather can also affect the difficulty of a walk. Use these grades as a guide for which walks to try:

- 1★ walks will generally be gentle paced and over easy terrain such as lowland hills (e.g. Sandstone Trail, Cheshire).
- 2\* walks may be longer in distance, involve more ascent or cover rougher terrain but with no technical ability required (e.g. Moel Famau, Clwydians).
- 3★ walks may be faster paced, or a longer distance, and will usually involve steep ascents over rough ground, often involving scrambling and requiring a good head for heights (e.g. Carneddau, Glyders in Yr Wyddfa/Snowdonia).

Evening walks are not graded as they are relatively short and even with hills are rarely more than an upper 1\*.



# PROGRAMME JULY - SEPTEMBER 2025

#### **Chester and District Walking Group**

is a friendly group bringing together people from Cheshire, Wirral, North Wales and surrounding areas who enjoy walking and socialising.

### **MEMBERSHIP**

Membership is £10 a year, although you are encouraged to attend two or three events before deciding to join. Everyone over the age of 18 is welcome.

Subscriptions are due on joining and renewed following the AGM in November. They go towards the cost of running the group, including website maintenance, publicity, insurance, general administration and give you access to our detailed weekly walk emails.

Chair Secretary Vice Chair & Treasurer Social Secretary Website Officer Programme Secretary Christine Darwen Bernie Leadbeater Nikki Young John Sunter Peter Benson Brian Burden

cdwg.info@gmail.com www.chesterwalking.org.uk

### **JULY**

# Thurs 3<sup>rd</sup> Chester Evening Walk 7pm start

An evening stroll round the Racecourse and the Meadows

# Sun 6<sup>th</sup> Wallasey 10:30am start 6 miles ✓

North Wirral Coastal Path from Wallasey to Leasowe Lighthouse and back. Followed by 2 bands in New Brighton

### Thurs 10<sup>th</sup> 7pm start Hawarden Evening Walk

Scenic countryside & woodland walk around historic village of Hawarden

### Sun 13<sup>th</sup> Higher Burwardsley ★+ 10:30am start 5.5 miles

Walk around a section of the Sandstone Trail including Rawhead, and some great views across the Cheshire Plains.

#### Thurs 17th Chester



#### 6:45pm

Summer evening Barbeque - food, drinks, great company - veggies and vegans catered for.

### Sun 20<sup>th</sup> Llanarmon-yn-Lal 10:15am start 9 miles



A scenic hill walk on the Clwydians from the Raven Inn.

### Thurs 24<sup>th</sup> 7pm start Evening Walk

An evening loop up through the quarry to the top of Esclusham mountain then back over moorland and the old railway.

### Sun 27<sup>th</sup> Conway Castle ★★ 10:15am start 6.5

A lovely circular walk along Conway harbour and round to Conway Mountain, crossing the Synchnant Pass.

# Thurs 30<sup>th</sup> 7pm start Evening Walk

Chester river and walls walk followed by a cooling drink at the Architect.

### **AUGUST**

### SATURDAY 2<sup>nd</sup> Marbury 11am start 11 miles

A walk in the countryside surrounding Marbury including a section of the South Cheshire Way. Points of interest include an obelisk, a mere & a memorial to a ''little flower girl.'

### Thurs 7<sup>th</sup> Rhosesmor Evening Walk 7pm start

We go up Moel Y Gaer then through woodland to some interesting 'Industrial Heritage' buildings.

### Sun 10<sup>th</sup> Goyt Valley 10:00am start 9 miles

A circular walk taking in Shining Tor, Cats Tor and Windgather Rocks, followed by a walk in the valley along by the reservoir.

### Wed 13<sup>th</sup> 7pm start Evening Walk

A scenic walk round the nature reserve and up Moel Findeg

### Sun 17<sup>th</sup> Ellesmere 10:30am start 8-9 miles

From the quiet village of Ellesmere, we follow part of the canal built to connect it to the Mersey Estuary (at Ellesmere Port), and explore woods, fields and meres

# Thurs 20<sup>th</sup> 7pm start Evening Walk

This gentle walk follows the River Dee from Farndon and back through Holt. Short and flat and only a couple of stiles!

### Sun 24<sup>th</sup> Llangollen 10:20am start 8-9 miles

Circular walk to the trig point at Y Foel then onto Vivod Mountain and then North Berwyn Way.

### Thurs 28<sup>th</sup> 7pm start Delamere Forest Evening Walk

Circumnavigating Blakemere Moss Lake in Delamere Forest, including (hopefully) views of the various wildfowl!

# Sun 31st Glyndyfrdwy ★★+ 10:15am start 10-11 miles

A scenic circular walk in and around the hills near Glyndyfrdwy. This walk will involve a number of climbs.

### **SEPTEMBER**

#### Sun 7<sup>th</sup> Sandiway 10:00am start 10-11 miles

A circular walk from Sandiway along Whitegate Way, Oakmere Way and around Delamere Forest.

#### Sun 14<sup>th</sup> Glyn Ceiriog 10:30am start 8miles

A circular walk above the picturesque Ceiriog and Dee valleys visiting Vivod Mountain and Y Foel.

#### Sat 20th Chester

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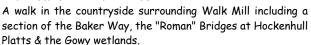


\*+

#### 9pm Cornerhouse

Safehouse soul band with Bernie on trumpet. Great for dancing.

### Sun 21<sup>st</sup> Waverton 11am start 6-7 miles



# Sun 28<sup>th</sup> Frodsham ★7

A Sandstone trail walk from Frodsham to Helsby, and back, with some great views, across Ince marshes, and the Dee Estuary to Liverpool and beyond

