

CONFIRMATION OF ATTENDANCE

If you are planning to come on a walk, please text or WhatsApp the leader so that he/she knows to expect you and can contact you if the walk details change (for example, if the weather forecast is very poor or the leader is taken ill).

TRANSPORT

CDWG is not responsible for organising transport and it is your responsibility to get to the start point (in good time to be ready to leave by the advertised time – please aim to arrive 15 minutes in advance of this).

LEADING WALKS AND EVENTS

Everyone in the group is encouraged to organise walks and other events. If you would like some advice, any member of the committee will be happy to help or contact us at cdwg.info@gmail.com.

WEEKENDS AWAY

Our weekends away usually involve a stay at a holiday cottage. Places need to be booked well in advance, so you must book with the organiser to ensure a place.

OFF-PROGRAMME EVENTS

We often have extra events that perhaps weren't planned in time for the programme or are slightly different to our usual activities. These are circulated to all paid up members via email and are unlikely to appear anywhere else.

PHOTOGRAPHS



Please note that any photographs taken on CDWG walks or events may be used on the group website, social media or marketing materials. Please inform the organiser if you do not wish to appear in photographs.

ATTENDANCE IS AT YOUR OWN RISK

ESSENTIAL WALKING & SAFETY EQUIPMENT

For all walks it is *essential* to wear walking boots, thick socks, suitable trousers or shorts (not jeans), and suitable clothing for the weather and time of year. Waterproof jackets should be brought on walks along with waterproof trousers if possible.

For winter walks, several layers of clothing are better than one thick layer. Spare clothing, including a hat and gloves are essential in winter.

Plenty of food is also a good idea, along with hot drinks in winter and plenty of water and protection from the sun in summer (sunhat and lotion).

In the interests of safety, walk leaders may refuse to take those considered to be ill equipped or not fit enough for the day's walk. Contact the leader if in doubt over suitable clothing, equipment and fitness levels.

Sorry, we are not insured for and do not allow under 18s or dogs on our walks

TYPES OF WALK: ★ / ★★ / ★★★

Walks are "star" graded according to factors such as distance, terrain and ascent. A change in weather can also affect the difficulty of a walk. Use these grades as a guide for which walks to try:

- 1★ walks will generally be gentle paced and over easy terrain such as lowland hills (e.g. Sandstone Trail, Cheshire).
- 2★ walks may be longer in distance, involve more ascent or cover rougher terrain but with no technical ability required (e.g. Moel Famau, Clwydians).
- 3★ walks may be faster paced, or a longer distance, and will usually involve steep ascents over rough ground, often involving scrambling and requiring a good head for heights (e.g. Carneddau, Glyders in Yr Wyddfa/Snowdonia).

Evening walks are not graded as they are relatively short and even with hills are rarely more than an upper 1★.



PROGRAMME JANUARY – MARCH 2025

Chester and District Walking Group
is a friendly group bringing together people from Cheshire, Wirral, North Wales and surrounding areas who enjoy walking and socialising.

MEMBERSHIP

Membership is £10 a year, although you are encouraged to attend two or three events before deciding to join. Everyone over the age of 18 is welcome.

Subscriptions are due on joining and renewed following the AGM in November. They go towards the cost of running the group, including website maintenance, publicity, insurance, general administration and give you access to our detailed weekly walk emails.

Chair
Secretary
Vice Chair & Treasurer
Social Secretary
Website Officer
Programme Secretary

Christine Darwen
Bernie Leadbeater
Nikki Young
John Sunter
Peter Benson
Brian Burden

cdwg.info@gmail.com
www.chesterwalking.org.uk

JANUARY



Sun 5th **Pulford** ★
10:30am start **5.5 miles**
 A gentle, flat amble around and across the Welsh border to ease us into the New Year.

Sun 12th **Chester** ★
10:00am start **5 miles**
 Breakfast at the delightful, botanical, Flower Cup Café on Watergate Street before a gentle stroll around the Duke's Drive.

Sun 19th **Ysceifiog** ★★
10:30am start **8 miles**
 Your first cardio workout in January! Plenty of climbs up Ysceifiog, Bryn Golau, Penycloddiau and up Moel y Parc (but there's a nice café near the end!).

Sat 25th **Live Opera at the Cinema** **Social**
5:30pm **Cineworld Broughton**
 Verdi's Magnificent Opera Aida. Live from the Metropolitan Opera House in New York City. With 2 intervals to mingle!

Sun 26th **Bickerton** ★★
10:15am start **10-11 miles**
 A scenic, circular walk from Beeston through the picturesque Cheshire Countryside.

FEBRUARY

Sun 2nd **Llanarmon-yn-Ial** ★★
11:00am start **8 miles**
 We tackle three hills and explore a quarry pool on this walk from Llanarmon-yn-Ial (which features one of our favourite community pubs!).

Sun 9th **Frodsham** ★★
11:00am start **8 miles**
 A modest walk, through woods and along the riverside with a few (not overly strenuous!) climbs!

Sun 16th **Aldford** ★
10:30am start **6 miles**
 From the quintessentially Cheshire village of Aldford, we take a wander along some local tracks, quiet roads and along the banks of the River Dee.

Sun 23rd **Delamere** ★★
8:30am start **11 miles**
 A long but flat walk in and around Delamere Forest and out to Norley.

Tues 26th **Big Band Jazz** **Social**
7pm **Heswall Hall**
 Enjoy a night of exciting live music. Tuesday Night Live Jazz with Out Of The Blue Big Band and Vocalists.



MARCH

Sun 2nd **Corwen** ★★
10:00am start **8 miles**
 A pleasant hill walk from Corwen to Liberty Hall in the Berwyns, descending to Cynwyd and following the route of disused railway line to take us back to Corwen.

Tues 4th **Pancake Party** **Social**
7:30pm **Vicars Cross**
 A real treat as we enjoy pancakes, good company and maybe a drink or two in this tasty seasonal evening!

Sun 9th **Bersham** ★★
11:00am start **9 miles**
 Starting near Bersham, we explore Nant Mill and loop back via Minera. Watch out for the waterfall!

Sun 16th **Prestatyn and Trelawnyd** ★★
10:00am start **9 miles**
 We climb the hills at the back of Prestatyn and summit over Gop Hill, before dropping to the old village of Trelawnyd and follow a disused railway back from Dyserth.

Sun 23rd **Chirk** ★
10:00am start **6 miles**
 A fairly short and gentle walk to explore the area around the historic Chirk Castle.

Tues 25th **Big Band Jazz** **Social**
7pm **Heswall Hall**
 Another night of exciting live music. Tuesday Night Live Jazz with Out Of The Blue Big Band and Vocalists.

Sun 30th **Wirral Country Park** ★
10:00am start **7.5 miles**
 Starting from the Country Park, we loop round Caldy Hill, Thurstaston and return along the Wirral Way.