

CONFIRMATION OF ATTENDANCE

If you are planning to come on a walk, please text or WhatsApp the leader so that he/she knows to expect you and can contact you if the walk details change (for example, if the weather forecast is very poor or the leader is taken ill).

TRANSPORT

CDWG is not responsible for organising transport and it is your responsibility to get to the start point (in good time to be ready to leave by the advertised time – please aim to arrive 15 minutes in advance of this).

LEADING WALKS AND EVENTS

Everyone in the group is encouraged to organise walks and other events. If you would like some advice, any member of the committee will be happy to help or contact us at cdwg.info@gmail.com.

WEEKENDS AWAY

Our weekends away usually involve a stay at a holiday cottage. Places need to be booked well in advance, so you must book with the organiser to ensure a place.

OFF-PROGRAMME EVENTS

We often have extra events that perhaps weren't planned in time for the programme or are slightly different to our usual activities. These are circulated to all paid up members via email and are unlikely to appear anywhere else.

PHOTOGRAPHS

Please note that any photographs taken on CDWG walks or events may be used on the group website, social media or marketing materials. Please inform the organiser if you do not wish to appear in photographs.

ATTENDANCE IS AT YOUR OWN RISK

ESSENTIAL WALKING & SAFETY EQUIPMENT

For all walks it is *essential* to wear walking boots, thick socks, suitable trousers or shorts (not jeans), and suitable clothing for the weather and time of year. Waterproof jackets should be brought on walks along with waterproof trousers if possible.

For winter walks, several layers of clothing are better than one thick layer. Spare clothing, including a hat and gloves are essential in winter.

Plenty of food is also a good idea, along with hot drinks in winter and plenty of water and protection from the sun in summer (sunhat and lotion).

In the interests of safety, walk leaders may refuse to take those considered to be ill equipped or not fit enough for the day's walk. Contact the leader if in doubt over suitable clothing, equipment and fitness levels.

Sorry, we are not insured for and do not allow under 18s or dogs on our walks

TYPES OF WALK: ★ / ★★ / ★★★

Walks are "star" graded according to factors such as distance, terrain and ascent. A change in weather can also affect the difficulty of a walk. Use these grades as a guide for which walks to try:

- 1★ walks will generally be gentle paced and over easy terrain such as lowland hills (e.g. Sandstone Trail, Cheshire).
- 2★★ walks may be longer in distance, involve more ascent or cover rougher terrain but with no technical ability required (e.g. Moel Famau, Clwydians).
- 3★★★ walks may be faster paced, or a longer distance, and will usually involve steep ascents over rough ground, often involving scrambling and requiring a good head for heights (e.g. Carneddau, Glyders in Yr Wyddfa/Snowdonia).

Evening walks are not graded as they are relatively short and even with hills are rarely more than an upper 1★.



PROGRAMME JULY - SEPTEMBER 2024

Chester and District Walking Group
is a friendly group bringing together people from Cheshire, Wirral, North Wales and surrounding areas who enjoy walking and socialising.

MEMBERSHIP

Membership is £10 a year, although you are encouraged to attend two or three events before deciding to join. Everyone over the age of 18 is welcome.

Subscriptions are due on joining and renewed following the AGM in November. They go towards the cost of running the group, including website maintenance, publicity, insurance, general administration and give you access to our detailed weekly walk emails.

Chair	Christine Darwen
Secretary	Bernie Leadbeater
Vice Chair & Treasurer	Nikki Young
Social Secretary	John Sunter
Website Officer	Peter Benson
Programme Secretary	Brian Burden
Insurance / Facebook Officer	Graham Coles

cdwg.info@gmail.com
www.chesterwalking.org.uk

JULY

THURSDAY 4th Caergwrlle **Evening Walk**
7pm start
 Escape election fever with this relaxing stroll round Caergwrlle, Wats Dyke and Hope.

SUNDAY 7th Neston Station **★**
10:00am start 8.5 miles
 A rare linear walk! Taking the train to Hawarden then walking back via the Marshes and Parkgate

THURSDAY 11th Minera **Evening Walk**
7pm start
 Minera Quarry and Esclusham Mountain

FRIDAY 12th Soul Night **Social**
9pm start Telford's Warehouse
 Musical night out in Chester. Safehouse soul band with Bernie on trumpet. Great for dancing.

SUNDAY 14th Tegg's Nose **★★**
10:30am start 10 miles
 A scenic circular walk from Tegg's Nose just above Macclesfield Forest across mixed terrain.

THURSDAY 18th Farndon **Evening Walk**
7pm start
 A stroll along the English and Welsh banks of the Dee from Farndon and back past the ruined castle

SUNDAY 21st Hawkstone Follies Park **★**
10:30am start 5+ miles
 A beautiful day out in this stunning 100-acre Park. With natural follies, caves, cliffs, and bridges.

WEDNESDAY 24th Guilden Sutton **Evening Walk**
7pm start
 A pretty walk across the River Gowy to Great Barrow. Drinks afterwards at the Bird in Hand pub.

SUNDAY 28th Horseshoe Pass **★★**
11:00am start 8 miles
 A circular walk with magnificent views taking in 3 peaks. Moel y Faen, Moel y Gamelin & Moel Morfydd.

WEDNESDAY 31st Wepre Park **Evening Walk**
7pm start
 A lovely wooded valley with a stream and explore the ruins of Ewloe Castle

AUGUST

SUNDAY 4th Old Glossop **★★**
10:00am start 10 miles
 Old Glossop, Doctor's Gate & Bleaklow.

THURSDAY 8th City Walls & River **Evening Walk**
7pm start
 Chester City walls and stroll along the River Dee.

SATURDAY 10th Llangollen **★★**
10:00am start 8 miles
 Another linear walk thanks to the Llangollen Steam Railway. Catching 10:30 train to Carrog then walk back.

THURSDAY 15th Delamere Forest **Evening Walk**
7pm start
 A scenic stroll around Blakemere Moss then drink in Morris Dancer.

SUNDAY 18th Llanarmon-yn-Ial **★★**
10:15am start 10 miles
 Circular walk across mixed terrain that will take us out to Llandegla and back.

WEDNESDAY 21st Bickerton **Evening Walk**
7pm start
 Lovely views from Bukeley Hill and Rawhead followed by a drink at the Bickerton Poacher.

SATURDAY 24th Denbigh **★★**
9:30am start 9 miles
 Castle and walls and circular country walk

WEDNESDAY 28th Rhosesmor **Evening Walk**
7pm start
 Visiting the Iron Age Hill fort of Moel y Gaer and some 'industrial heritage' including a couple of modest climbs.

THURSDAY 29th Meal in Chester **Social**
7pm Huntington in Chester
 BBQ - Bratwurst/Burgers and VE/VG options too!

SATURDAY 31st Arenig Fawr **★★★**
10:00am start 8 miles
 An exciting challenge for our more adventurous (& fitter!) members - Arenig Fawr - 2,000ft ascent to gain fantastic 360° views

SEPTEMBER

SATURDAY 7th Liverpool **Social / ★★ walk**
10:00am start 11 miles
 Another Liverpool adventure, exploring the city. Including the ⚓ Ferry, 'cross the Mersey ⚓...

SUNDAY 15th Talacre **★★**
10:00am start 11 miles
 A seaside walk, starting at Talacre heading along the coast to Prestatyn and back over the hills behind the town.

SUNDAY 22nd Bickerton **★★**
10:15am start 10-11 miles
 Another opportunity to explore the area in and around Bickerton and Beeston.

FRIDAY 27th Meal & Dancing **Social**
7pm La Fattoria & Bear & Billet
 Italian restaurant, beautiful food, great atmosphere, + later live band/dance at the Bear and Billet. 14 places book your place early to avoid disappointment.

Sunday 29th Bangor-on-Dee **★**
10:30am start 3.5 or 7 miles
 Two loops from the picture-postcard heart of Bangor-on-Dee. See how you feel after the first half before carrying on for the second, so ideal for newbies.

