CONFIRMATION OF ATTENDANCE

If you are planning to come on a walk, please text or WhatsApp the leader so that he/she knows to expect you and can contact you if the walk details change (for example, if the weather forecast is very poor or the leader is taken ill).

TRANSPORT

CDWG is not responsible for organising transport and it is your responsibility to get to the start point (in good time to be ready to leave by the advertised time – please aim to arrive 15 minutes in advance of this).

LEADING WALKS AND EVENTS

Everyone in the group is encouraged to organise walks and other events. If you would like some advice, any member of the committee will be happy to help or contact us at cdwg.info@gmail.com.

WEEKENDS AWAY

Our weekends away usually involve a stay at a holiday cottage. Places need to be booked well in advance, so you must book with the organiser to ensure a place.

OFF-PROGRAMME EVENTS

We often have extra events that perhaps weren't planned in time for the programme or are slightly different to our usual activities. These are circulated to all paid up members via email and are unlikely to appear anywhere else.

PHOTOGRAPHS

Please note that any photographs taken on CDWG walks or events may be used on the group website, social media or marketing materials. Please inform the organiser if you do not wish to appear in photographs.

ATTENDANCE IS AT YOUR OWN RISK

ESSENTIAL WALKING & SAFETY EQUIPMENT

For all walks it is essential to wear walking boots, thick socks, suitable trousers or shorts (not jeans), and suitable clothing for the weather and time of year. Waterproof jackets should be brought on walks along with waterproof trousers if possible.

For winter walks, several layers of clothing are better than one thick layer. Spare clothing, including a hat and gloves are essential in winter.

Plenty of food is also a good idea, along with hot drinks in winter and plenty of water and protection from the sun in summer (sunhat and lotion).

In the interests of safety, walk leaders may refuse to take those considered to be ill equipped or not fit enough for the day's walk. Contact the leader if in doubt over suitable clothing, equipment and fitness levels.

Sorry, we are not insured for and do not allow under 18s or dogs on our walks

TYPES OF WALK: ★/★★/★★★

Walks are "star" graded according to factors such as distance, terrain and ascent. A change in weather can also affect the difficulty of a walk. Use these grades as a guide for which walks to try:

- 1★ walks will generally be gentle paced and over easy terrain such as lowland hills (e.g. Sandstone Trail, Cheshire) or along canals.
- 2★★ walks may be longer in distance, involve more ascent or cover rougher terrain but with no technical ability required (e.g. Moel Famau, Clwydians).
- 3*** walks may be faster paced, or a longer distance, and will usually involve steep ascents over rough ground, often involving scrambling and requiring a good head for heights (e.g. Carneddau, Glyders in Yr Wyddfa/Snowdonia).

Evening walks are not graded as they are relatively short and even with hills are rarely more than an upper 1*.



Chester and District Walking Group

is a friendly group bringing together people from Cheshire, Wirral, North Wales and surrounding areas who enjoy walking and socialising.

MEMBERSHIP

Membership is £10 a year, although you are encouraged to attend two or three events before deciding to join. Everyone over the age of 18 is welcome.

Subscriptions are due on joining and renewed following the AGM in November. They go towards the cost of running the group, including website maintenance, publicity, insurance, general administration and give you access to our detailed weekly walk emails.

Chair Christine Darwen
Vice Chair Nikki Young
Social Secretary John Sunter
Website Officer Peter Benson
Programme Secretary Brian Burden
Insurance / Facebook Officer Graham Coles

cdwg.info@gmail.com www.chesterwalking.org.uk

APRIL

<u>Sunday 7th</u> Caergwrle ★ 10:30am start 5 miles Gaynor

Breakfast at Honeys Cafe then circular walk around Caergwrle, Hope and Wats Dyke. Including a visit to 'Park in the Past' (£3.50 admission).

Sunday 14th Penycloddiau ★★ 10:30am start 7 miles Pete

Looping past Moel Plas-yw and Brynffynnon and up Penycloddiau to see the reconstructed Bronze Age Hill Fort there, with an option of going over Moel Arthur at the end.

Wednesday 17th Parkgate 10:30am start 4 miles Cheryl

Gentle circular perambulation from Parkgate. Plenty of cafes and/or Chips/Ice cream at the end!

Saturday 20th Bickerton

08:45am start 11 miles Denis

Scenic circular walk around Beeston & Peckforton with the odd hill or two...

Wednesday 24th 7:00pm start Duke's Drive Evening Walk Mo

Mo leads us on our first evening walk of 2024! A circular walk, from the Dukes Drive, through the woods making our way to the river, back to Chester and drinks at the Ship Inn.

Sunday 28th Tegg's Nose ★★ 10:30am start 10-11 miles Denis

A scenic circular walk from Tegg's Nose just above Macclesfield Forest across mixed terrain.

Tuesday 30th Jazz Night

Social

**

7pm Heswall Hall David

Out Of The Blue Jazz Orchestra featuring Jazz Saxophonist Alan Barnes. A great player who has won almost every award for his super exciting performances...

MAY

Thursday 2nd Frddig Evening Walk 7pm start Sue

A circular bimble around historic Erddig Country Park.

Sunday 5th Hilbre Island 10:30am start 8.5-9 miles

★★ Chris

A walk around Caldy, before crossing to Hilbre Island for lunch. Time for a paddle before heading back to shore, returning to the start via the Wirral Way.

Thursday 9th 7pm start Evening Walk Gaynor

Circular walk round Bronwylfa, Aberoer and Hafod Wen.

Friday 10th Safehouse Soul Band

Social

Juliet

9pm Cornerhouse Pub - Chester

Safehouse Soul Band with Bernie on trumpet. Great for dancing.

Sunday 12th Conway 10:30am start 6.5 miles

* Christine

6.5 mile stroll from the ancient Conway Castle, following the harbour to Conway Mountain,

Wednesday 15th Countess Country Park Evening Walk 7pm start Gaynor

Scenic walk round the Countess of Chester Country Park, crossing Knolls Bridge, and around some ponds then back for drinks at the Owl.

Sunday 19th

Walk TBA

Wednesday 22nd Port Sunlight 7pm start

Evening Walk Juliet

Lovely views across the Mersey from this old landfill site that has been beautifully transformed for wildlife.

Sunday 26th Eastham Rake Start timeTBA 6 miles



A pleasant, flat walk around Willaston and Eastham on this Bank Holiday Weekend.

Wednesday 29th Gresford Evening Walk 7pm start Gaynor

Looping round from the Pant yr Ochain pub followed by drink(s) in the beautiful and spacious beer garden.

Thursday 30th Safehouse Soul Band



9pm Cornerhouse Pub - Chester Juliet

Another night of music from Bernie's Safehouse Soul Band.

JUNE

Sunday 2nd Hayfield 10:00am start 9 miles

★★ Nikki

Circular walk from Hayfield taking in part of Snake Path & Kinder Reservoir and then up to Kinder Scout.

Wednesday 5th Hawarden 7pm start

Evening Walk Mo

Hawarden and Billberry woods.

Friday 7th to Sunday 9th Weekend Away

Group Weekend away in Criccieth including walks Saturday & Sunday – details tba.

Thursday 13th

Evening Walk

7pm start

Pete

A modest, flat walk through Delamere Forest circumnavigating Blakemere Moss Lake including (hopefully) views of wildfowl then back to The Carriers Inn pub.

Saturday 15th Day Trip to Shrewsbury



9:15am Chester Station

Christine

Spend the day exploring the lovely town of Shrewsbury. We will catch the 9.30am direct train from Chester station.

Sunday 16th Bangor-on-Dee 10:30am start 3.5 or 7 miles

Pete

Two loops from the picture-postcard heart of Bangor-on-Dee. See how you feel after the first half before carrying on for the second, so ideal for newbies.

Thursday 20th Ruabon 7pm start

Evening Walk Sue

Ruabon, Garden Woods and Hill fort.

Saturday 22nd Llannefydd



10:20am start 10 miles

o now once

This circular walk in and around Llannefydd will be a new area for \mbox{CDWG} to explore.

Thursday 27th Higher Burwardsley Evening Walk 7pm start Mike

Circular walk from the traditional Pheasant Inn.

Saturday 29th 9:30am start 6 miles

★★★ Brian

A challenging mountain walk up Pen yr Ole Wen.