

CONFIRMATION OF ATTENDANCE

If you are planning to come on a walk, please text or WhatsApp the leader so that he/she knows to expect you and can contact you if the walk details change (for example, if the weather forecast is very poor or the leader is taken ill).

TRANSPORT

CDWG is not responsible for organising transport and it is your responsibility to get to the start point (in good time to be ready to leave by the advertised time – please aim to arrive 15 minutes in advance of this).

LEADING WALKS AND EVENTS

Everyone in the group is encouraged to organise walks and other events. If you would like some advice, any member of the committee will be happy to help or contact our secretary at cdwg@btinternet.com.

WEEKENDS AWAY

Our weekends away usually involve a stay at a holiday cottage. Places need to be booked well in advance, so you must book with the organiser to ensure a place.

OFF-PROGRAMME EVENTS

We often have extra events that perhaps weren't planned in time for the programme or are slightly different to our usual activities. These are circulated to all paid up members via email and are unlikely to appear anywhere else.

PHOTOGRAPHS

Please note that any photographs taken on CDWG walks or events may be used on the group website, social media or marketing materials. Please inform the organiser if you do not wish to appear in photographs.

ATTENDANCE IS AT YOUR OWN RISK

ESSENTIAL WALKING & SAFETY EQUIPMENT

For all walks it is *essential* to wear walking boots, thick socks, suitable trousers or shorts (not jeans), and suitable clothing for the weather and time of year. Waterproof jackets should be brought on walks along with waterproof trousers if possible.

For winter walks, several layers of clothing are better than one thick layer. Spare clothing, including a hat and gloves are essential in winter.

Plenty of food is also a good idea, along with hot drinks in winter and plenty of water and protection from the sun in summer (sunhat and lotion).

In the interests of safety, walk leaders may refuse to take those considered to be ill equipped or not fit enough for the day's walk. Contact the leader if in doubt over suitable clothing, equipment and fitness levels.

Sorry, we are not insured for and do not allow under 18s or dogs on our walks

TYPES OF WALK: ★ / ★★ / ★★★

Walks are "star" graded according to factors such as distance, terrain and ascent. A change in weather can also affect the difficulty of a walk. Use these grades as a guide for which walks to try:

- 1★ walks will generally be gentle paced and over easy terrain such as lowland hills (e.g. Sandstone Trail, Cheshire).
- 2★ walks may be longer in distance, involve more ascent or cover rougher terrain but with no technical ability required (e.g. Moel Famau, Clwydians).
- 3★ walks may be faster paced, or a longer distance, and will usually involve steep ascents over rough ground, often involving scrambling and requiring a good head for heights (e.g. Carneddau, Glyders in Yr Wyddfa/Snowdonia).

Evening walks are not graded as they are relatively short and even with hills are rarely more than an upper 1★.



PROGRAMME JANUARY – MARCH 2024

Chester and District Walking Group is a friendly group bringing together people from Cheshire, Wirral, North Wales and surrounding areas who enjoy walking and socialising.

MEMBERSHIP

Membership is £10 a year, although you are encouraged to attend two or three events before deciding to join. Everyone over the age of 18 is welcome.

Subscriptions are due on joining and renewed following the AGM in November. They go towards the cost of running the group, including website maintenance, publicity, insurance, general administration and give you access to our detailed weekly walk emails.

Chair	Christine Darwen
Vice Chair	Nikki Young
Social Secretary	John Sunter
Website Officer	Peter Benson
Programme Secretary	Brian Burden
Insurance / Facebook Officer	Graham Coles

cdwg.info@gmail.com
www.chesterwalking.org.uk

JANUARY

MONDAY 1st River Weaver / Dutton Locks ★
11:30am start 7-8 miles David
 Start the New Year with David's scenic, gentle circular walk from Kingsley to the River Weaver, following the river as far as Dutton Locks.

SATURDAY 6th Harthill nr Broxton 1★+
10:30am start 6 miles Tracy
 Setting off from Harthill, Tracy will take us on a short but interesting, circular walk via Raw Head and Brown Knowl with some modest climbs.

SUNDAY 14th Bersham ★★
10:30am start 9 miles Gaynor
 Enjoy Gaynor's delightful circular walk from Bersham to Nant Mill, and Minera - with a well-deserved drink halfway round at the Tyn y Capel, Minera!

THURSDAY 18th Caergwrle ★
11:00am start 5-6 miles David
 David leads this midweek walk around the Hope and Caergwrle area, ending at Honeys Bakey Café.

SUNDAY 21st Baker Way ★★
08:45am start 11 miles John
 Join John on the 09:04 train from Chester to Delamere Forest, followed by a lovely linear walk along the Baker Way and a delicious lunch at the Cheshire Cat.

SATURDAY 27th Liverpool Museum Social
10am start Chester John
 Don't miss John's fantastic day out in Liverpool, visiting Liverpool's superb museum (it's free and warm!). We will get the train from Chester, with perhaps some lunch and a bit of sightseeing afterwards.

SUNDAY 28th Halkyn 1★+
10:30am start 7-8 miles Pete
 A gentle climb up the Iron age hillfort of Moel y Gaer offers views over the Dee Estuary and then we explore a little of Wats Dyke.

FEBRUARY

SUNDAY 4th Rowan ★★+
10:30am start 9 miles Pete
 Ascending from Rowan through Parc Mawr nature reserve, along to the scenic North Wales Path we should get great views; standing stones and a choice of classic pub or quant tea room at the end.

SUNDAY 11th Llangollen ★★
11:00am start 8 miles David
 David's circular walk from Llangollen includes Dinas Bran, Worlds End and the Panorama, finishing off at either the Sun Trevor or Cornmill.

TUESDAY 13th Pancake Party Social
7pm start Christine's home – Chester
 Our Chair kindly invites us to her home in Vicars Cross to share traditional (and maybe some less traditional!) pancakes with her.

SUNDAY 18th Llanferres ★★
10:15am start 9-10 miles Denis
 Denis leads us on a circular walk from Llanferres, out towards Lanarmon-yn-lal, over mixed terrain with some low level climbs.

SUNDAY 25th Kelsall ★
10:30am start 6-7 miles Tracy
 Tracy takes us on an easy figure of 8 loop from Boot Inn to Fishpool Pub to Grestys waste and thru Delamere. Stunning views on a good day and only one big hill. Ideal for beginners!

THURSDAY 29th Chirk ★
11:00am start 5 miles David
 A gentle midweek stroll from Chirk which David says includes Stonehenge or Chirk Castle or both depending on the weather...

MARCH

SUNDAY 3rd Llyn Brenig ★★
10:15am start 9.5 miles Christine
 Christine takes us round the Llyn Brenig Reservoir and the beautiful countryside around it.

SUNDAY 10th Moore Nature Reserve ★
10:30am start 6-7 miles Pete
 Pete helps us investigate the Moore Nature Reserve, a 're-natured' oasis in the industrial area west of Warrington with seasonal wildlife treats.

FRIDAY 15th Drinks and Thai Meal Social
7pm start Chester Tracy
 Join us for some convivial drinks at the Ship Inn from 7pm then a delicious meal at the Ruan Orchid - 'Chester's First Thai Restaurant'!

SUNDAY 17th Llanferres ★★
10:15am start 10-11 miles Denis
 Denis leads us on another circular walk from Llanferres, but this time heading out towards and into forest, close to Eryrys, over mixed terrain.

WEDNESDAY 20th Errdig ★
11:00am start 5 miles Gaynor
 Gaynor takes us on a midweek trip around the lovely Errdig Country Park followed by lunch at the cuddly Café Cwtch.

SUNDAY 24th Maeshafn ★★
11:00am start 7 miles Graham
 This easy 2* walk explores the woods; hills and quarries around Maeshafn and Loggerheads Country Park.

Easter Weekend TBA
 The only walk date left to fill – offers welcome.
 Any day **Fri 29th March to Mon 1st April.**