

CONFIRMATION OF ATTENDANCE

If you are planning to come on a walk, please text or WhatsApp the leader so that he/she knows to expect you and can contact you if the walk details change (for example, if the weather forecast is very poor or the leader is taken ill).

TRANSPORT

CDWG is not responsible for organising transport and it is your responsibility to get to the start point (in good time to be ready to leave by the advertised time – please aim to arrive 15 minutes in advance of this).

LEADING WALKS AND EVENTS

Everyone in the group is encouraged to organise walks and other events. If you would like some advice, any member of the committee will be happy to help, or contact our secretary at cdwg@btinternet.com.

WEEKENDS AWAY

Our weekends away usually involve a stay at a holiday cottage. Places need to be booked well in advance, so you must book with the organiser to ensure a place.

OFF-PROGRAMME EVENTS

We often have extra events that perhaps weren't planned in time for the programme or are slightly different to our usual activities. These are circulated to all paid up members via email and are unlikely to appear anywhere else.

PHOTOGRAPHS

Please note that any photographs taken on CDWG walks or events may be used on the group website, social media or marketing materials. Please inform the organiser if you do not wish to appear in photographs.

ATTENDANCE IS AT YOUR OWN RISK

ESSENTIAL WALKING & SAFETY EQUIPMENT

For all walks it is *essential* to wear walking boots, thick socks, suitable trousers or shorts (not jeans), and suitable clothing for the weather and time of year. Waterproof jackets should be brought on walks along with waterproof trousers if possible.

For winter walks, several layers of clothing are better than one thick layer. Spare clothing, including a hat and gloves are essential in winter.

Plenty of food is also a good idea, along with hot drinks in winter and plenty of water and protection from the sun in summer (sunhat and lotion).

In the interests of safety, walk leaders may refuse to take those considered to be ill equipped or not fit enough for the day's walk. Contact the leader if in doubt over suitable clothing, equipment and fitness levels.

Sorry, we are not insured for and do not allow under 18s or dogs on our walks

TYPES OF WALK: ★ / ★★ / ★★★

Walks are "star" graded according to factors such as distance, terrain and ascent. A change in weather can also affect the difficulty of a walk. Use these grades as a guide for which walks to try:

- 1★ walks will generally be gentle paced and over easy terrain such as lowland hills (e.g. Sandstone Trail, Cheshire).
- 2★ walks may be longer in distance, involve more ascent or cover rougher terrain but with no technical ability required (e.g. Moel Famau, Clwydians).
- 3★ walks may be faster paced, or a longer distance, and will usually involve steep ascents over rough ground, often involving scrambling and requiring a good head for heights (e.g. Carneddau, Glyders in Snowdonia).

Evening walks are not graded as they are relatively short and even with hills are rarely more than an upper 1★.



PROGRAMME JULY – SEPTEMBER 2023

Chester and District Walking Group is a friendly group bringing together people from Cheshire, Wirral, North Wales and surrounding areas who enjoy walking and socialising.

MEMBERSHIP

Membership is £10 a year, although you are encouraged to attend two or three events before deciding to join. Everyone over the age of 18 is welcome.

Subscriptions are due on joining and renewed following the AGM in November. They go towards the cost of running the group, including website maintenance, publicity, insurance, general administration and give you access to our detailed weekly walk emails.

Chair
Vice Chair
Secretary / Treasurer
Social Secretary
Website Officer
Programme Secretary
Insurance / Facebook Officer

Christine Darwen
Nikki Young
Pamela Bent
John Sunter
Peter Benson
Brian Burden
Graham Coles

cdwg@btinternet.com
www.chesterwalking.org.uk

JULY

SUNDAY 2nd Glyndyfrdwy ★★
10.30am start 10 miles

Chris will be kicking off our new programme with his not to be missed moderate walk alongside the river, taking us through the forest and across open moorland

THURSDAY 6th Bunbury Evening Walk
7pm start

An easy walk starting from the pretty village of Bunbury

SUNDAY 9th Monsal Trail ★★
10.30am start 8.5 miles

Enjoy this iconic Peak District walk, now that the Monsal Trail's tunnels have reopened!

WEDNESDAY 12th

Social

Evening Bike Ride
7pm start

Mo will be taking us on a 15 mile fun, flat bike ride from The Cop in Chester

THURSDAY 13th Burwardsley Evening Walk
7pm start

A lovely evening stroll starting from the Candle Factory and taking in Burwardsley and Beeston

SUNDAY 16th Chirk Castle ★★
10.30am start 8 miles

Starting from the castle car park and heading away from Chirk, Steve will take us along the Llwybr Ceiriog Trail

THURSDAY 20th Llanarmon yn Ial Evening Walk
7pm start

A glorious five mile circuit up to Eryrys and back

SATURDAY 22nd Cilcain ★★
9.30am start 10-11 miles

A scenic, circular walk in and around the Clywdian Range, involving some low level climbing

THURSDAY 27th Handbridge Evening Walk
7pm start

A pretty Dukes Estate meander, via the meadows and river

SATURDAY 29th

Social

Wrexham Beer Festival
12 noon start

Don't miss this fun event at William Aston Hall, Wrexham

SUNDAY 30th Danebridge Wincle Brewery ★★
10.15am start 8 - 9 miles

A lovely walk, following the river Dane, turning up through Luds Church and then walking along the Roaches and returning past hanging stone

AUGUST

THURSDAY 3rd Rhes-y-Cae Evening Walk
7pm start

Don't miss this lovely evening stroll around Halkyn Mountain and Moel Ffagnallt

SUNDAY 6th Caerwys Village Square ★★
10am start 10 miles

Steve will be taking us on this delightful, scenic walk from Caerwys village up to the top of Penycloddiau

WEDNESDAY 9th Stamford Bridge Evening Walk
7pm start

A pretty circular walk from the pub (should be plenty of parking) and a drink (and perhaps some food afterwards)

SATURDAY 12th 'Open to Offas' Challenge! ★★
Start at Cilcain Village Hall
9.30am / 8.30am 15 / 23 miles

Don't miss this long established challenge walk, run by Merseystride LDWA - it's a great day out! £15 entry fee (£10 for LDWA members)

WEDNESDAY 16th Ty Mawr CP Evening Walk
7pm start

Juliet will be taking us for a beautiful walk by the river to below the amazing Pontcysyllte Aqueduct, starting from Ty Mawr Country Park

SUNDAY 20th Bollington, Cheshire ★★
9.30am start 11 miles

A lovely circular ramble, taking in White Nancy and hills

THURSDAY 24th Bersham, Wrexham Evening Walk
7pm start

Enjoy this delightful Bersham and Felin Puleston stroll, following a section of the Clywedog Trail

SATURDAY 26th Liverpool ★
11am start 9 miles

Don't miss Mo's lovely day out in Liverpool on the ferry, including a fascinating stroll around Liverpool's famous water front, the Albert Dock and three parks

THURSDAY 31st Bwlch Pen Barras Evening Walk
7pm start

Gareth will be taking us on a glorious walk up Moel Famau from Bwlch Pen Barras

SEPTEMBER

FRIDAY 1st

Social

Walk the Walls Social

Our not to be missed, legendary, annual 'Walk the Walls' social. To include a DIY quiz!

SATURDAY 3rd Llansannan ★★
9.45am start 10-11 miles

Join Dennis in his exploration of this new area, ten miles south of Abergele, which will comprise a lovely, scenic circular walk involving some low level climbing

SATURDAY 9th

Social

Day Out in Southport
10am start (at Chester Station)

John's will be taking us for a fun day out on the train to Southport!

SUNDAY 10th Ysceifiog and Moel y Parc ★★ +
10.30am start 8 miles

Enjoy plenty of climbs up Ysceifiog, Bryn Golau, Penycloddiau and Moel y Parc!

WEDNESDAY 13th

Day Walk / Social

Caergwrle Car Park ★
10.30am start 4 miles

A short, pretty walk exploring the countryside between Caergwrle and Hope, followed by lunch at Honey's cafe

SUNDAY 17th Neston ★
10.30am start 9 miles

Chris will be taking us on a lovely, easy walk around Neston, the marshes and Burton

SATURDAY 23rd to TUESDAY 26th

CRICCIETH WEEKEND AWAY

Pamela

A fabulous weekend away in lovely Criccieth with walks on both the Sunday and the Monday
Look out for the emails and / or send Pamela a message to be included in our Autumn Weekend WhatsApp group