

CONFIRMATION OF ATTENDANCE

If you are planning to come on a walk, please text or WhatsApp the leader so that he/she knows to expect you and can contact you if the walk details change (for example, if the weather forecast is very poor or the leader is taken ill).

TRANSPORT

CDWG is not responsible for organising transport and it is your responsibility to get to the start point (in good time to be ready to leave by the advertised time – please aim to arrive 15 minutes in advance of this).

LEADING WALKS AND EVENTS

Everyone in the group is encouraged to organise walks and other events. If you would like some advice, any member of the committee will be happy to help, or contact our secretary at cdwg@btinternet.com.

WEEKENDS AWAY

Our weekends away usually involve a stay at a holiday cottage. Places need to be booked well in advance, so you must book with the organiser to ensure a place.

OFF-PROGRAMME EVENTS

We often have extra events that perhaps weren't planned in time for the programme or are slightly different to our usual activities. These are circulated to all paid up members via email and are unlikely to appear anywhere else.

PHOTOGRAPHS

Please note that any photographs taken on CDWG walks or events may be used on the group website, social media or marketing materials. Please inform the organiser if you do not wish to appear in photographs.

ATTENDANCE IS AT YOUR OWN RISK

ESSENTIAL WALKING & SAFETY EQUIPMENT

For all walks it is *essential* to wear walking boots, thick socks, suitable trousers or shorts (not jeans), and suitable clothing for the weather and time of year. Waterproof jackets should be brought on walks along with waterproof trousers if possible.

For winter walks, several layers of clothing are better than one thick layer. Spare clothing, including a hat and gloves are essential in winter.

Plenty of food is also a good idea, along with hot drinks in winter and plenty of water and protection from the sun in summer (sunhat and lotion).

In the interests of safety, walk leaders may refuse to take those considered to be ill equipped or not fit enough for the day's walk. Contact the leader if in doubt over suitable clothing, equipment and fitness levels.

Sorry, we are not insured for and do not allow under 18s or dogs on our walks

TYPES OF WALK: ★ / ★★ / ★★★

Walks are "star" graded according to factors such as distance, terrain and ascent. A change in weather can also affect the difficulty of a walk. Use these grades as a guide for which walks to try:

- 1★ walks will generally be gentle paced and over easy terrain such as lowland hills (e.g. Sandstone Trail, Cheshire).
- 2★ walks may be longer in distance, involve more ascent or cover rougher terrain but with no technical ability required (e.g. Moel Famau, Clwydians).
- 3★ walks may be faster paced, or a longer distance, and will usually involve steep ascents over rough ground, often involving scrambling and requiring a good head for heights (e.g. Carneddau, Glyders in Snowdonia).

Evening walks are not graded as they are relatively short and even with hills are rarely more than an upper 1★.



PROGRAMME JANUARY – MARCH 2023

Chester and District Walking Group is a friendly group bringing together people from Cheshire, Wirral, North Wales and surrounding areas who enjoy walking and socialising.

MEMBERSHIP

Membership is £10 a year, although you are encouraged to attend two or three events before deciding to join. Everyone over the age of 18 is welcome.

Subscriptions are due on joining and renewed following the AGM in November. They go towards the cost of running the group, including website maintenance, publicity, insurance, general administration and give you access to our detailed weekly walk emails.

Chair
Vice Chair
Secretary / Treasurer
Social Secretary
Website Officer
Programme Secretary
Insurance / Facebook Officer

Christine Darwen
Nikki Young
Pamela Bent
John Sunter
Peter Benson
Brian Burden
Graham Coles

cdwg@btinternet.com
www.chesterwalking.org.uk

JANUARY

SUNDAY 1st **Bersham** ★★
11am start **8 miles** **Gaynor**
 Start the New Year with Gaynor's delightful walk, taking in Bersham, Nant Mill and Minera

SUNDAY 8th **Baker Way** ★
10:00 start **11 miles** **John**
 Join John on this lovely linear walk along the Baker Way, taking in a train journey and a not to be missed slap up meal at the end!

SATURDAY 14th **House Party!!** **Social**
4pm start **Chester** **John**
 Don't miss this great party at John's house (near Chester station) - bring your own drink and John will kindly provide the music, food, trains etc

SUNDAY 15th **Llanarmon-yn-Ial** ★★
10.30am start **8 miles** **Pamela**
 A scenic walk with lovely views, heading over Moel Gyw and taking in a section of the Offas Dyke path

WEDNESDAY 18th **Felin Puleston, Erddig** ★
11am start **5 miles** **Gaynor**
 Enjoy a lovely stroll around Erddig country park, followed by yummy tea and cake at Caffi Cwtch, Wrexham

SUNDAY 22nd **Talacre Beach** ★★
10.30am start **8 miles** **Steve**
 Steve will be taking us on a fascinating, bracing coastal walk along the beach before heading inland

SATURDAY 28th **Llanarmon-yn-Ial** ★★
9.30am start **10-11 miles** **Denis**
 Join Denis on his lovely walk from the community run Raven Inn via Rhewl, Llyn Cyfynwy, Pendinas and Llandegla

FEBRUARY

SUNDAY 5th **Llanfairfechan** ★★
10.30am start **8 miles** **Brian**
 Join Brian for this lovely, scenic circular walk from the Beach Cafe in Llanfairfechan up to the summit of Foel Lwyd

SUNDAY 12th **Llandrillo** ★★★
10:30 start **9 miles** **Pete**
 Pete will be taking us on a tough 750m+ ascent, which could be rewarded with great views of Bala & Snowdonia (weather permitting) from Moel Pearce, Cadair Bronwen and Cadair Berwyn

SUNDAY 19th **Duke's Drive, Chester** ★
10.30am start **7 miles** **Mo**
 Join Mo for a delightful stroll along Duke's Drive towards Eccleston, along the river Dee, returning through Chester meadows (may be muddy!)

WEDNESDAY 22nd **Greenfield Heritage Park** ★★
10.30am start **7 miles** **Steve**
 Enjoy this lovely walk through the heritage park and along the Dee coast

SATURDAY 25th **Social**
Day at Crewe Heritage Centre
10am start (at Chester Station) **John**
 John will be taking us on a fun day out with lots of interesting train things at a fascinating museum and model railway exhibition

SUNDAY 26th **Rhewl** ★★
10.30am start **10 miles** **Pamela**
 A beautiful, scenic walk in a little known area, up to Pincyn Llys, taking in woodland and a lovely riverside path.

MARCH

SUNDAY 5th **Ponderosa** ★★
10.30am start **8.5 miles** **Ian**
 Don't miss this beautiful, scenic circular walk starting from the Ponderosa

SUNDAY 12th **Frodsham** ★★
10.30am start **8 miles** **Mo**
 Join Mo on her lovely circular walk though the pretty countryside surrounding Frodsham and Helsby, taking in Helsby Hill with great views of Cheshire

SATURDAY 18th **Llyn Brenig** ★★
10.30am start **10 miles** **Christine**
 Christine will be taking us on this delightful circular walk around Llyn Brenig reservoir

SATURDAY 18th **Birthday Bash!!** **Social**
7.30pm start **Vicar's Cross, Chester**
Pete
 At long last! Pete's 60th Birthday Bash!

WEDNESDAY 22nd **Brynford** ★★
10.30am start **7 miles** **Pamela**
 An interesting walk with great views, taking in the old Holywell racecourse and the Pen y Ball monument, followed by tea and cake at the award winning Pet Cemetery tearooms!

SATURDAY 25th **Llanfair Talhaiarn** ★★
9.30am start **10-11 miles** **Denis**
 Join Denis for a lovely, scenic circular walk, with some low level climbs, setting off from the car park in Llanfair Talhaiarn