

### **CONFIRMATION OF ATTENDANCE**

If you are planning to come on a walk, please text or WhatsApp the leader so that he/she knows to expect you and can contact you if the walk details change (for example, if the weather forecast is very poor or the leader is taken ill).

### **TRANSPORT**

CDWG is not responsible for organising transport and it is your responsibility to get to the start point (in good time to be ready to leave by the advertised time – please aim to arrive 15 minutes in advance of this).

### **LEADING WALKS AND EVENTS**

Everyone in the group is encouraged to organise walks and other events. If you would like some advice, any member of the committee will be happy to help, or contact our secretary at [cdwg@btinternet.com](mailto:cdwg@btinternet.com).

### **WEEKENDS AWAY**

Our weekends away usually involve a stay at a holiday cottage. Places need to be booked well in advance, so you must book with the organiser to ensure a place.

### **OFF-PROGRAMME EVENTS**

We often have extra events that perhaps weren't planned in time for the programme or are slightly different to our usual activities. These are circulated to all paid up members via email and are unlikely to appear anywhere else.

### **PHOTOGRAPHS**

Please note that any photographs taken on CDWG walks or events may be used on the group website, social media or marketing materials. Please inform the organiser if you do not wish to appear in photographs.

### **ATTENDANCE IS AT YOUR OWN RISK**

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### **ESSENTIAL WALKING & SAFETY EQUIPMENT**

For all walks it is *essential* to wear walking boots, thick socks, suitable trousers or shorts (not jeans), and suitable clothing for the weather and time of year. Waterproof jackets should be brought on walks along with waterproof trousers if possible.

For winter walks, several layers of clothing are better than one thick layer. Spare clothing, including a hat and gloves are essential in winter.

Plenty of food is also a good idea, along with hot drinks in winter and plenty of water and protection from the sun in summer (sunhat and lotion).

In the interests of safety, walk leaders may refuse to take those considered to be ill equipped or not fit enough for the day's walk. Contact the leader if in doubt over suitable clothing, equipment and fitness levels.

**Sorry, we are not insured for and do not allow under 18s or dogs on our walks**

### **TYPES OF WALK: ★ / ★★ / ★★★**

Walks are "star" graded according to factors such as distance, terrain and ascent. A change in weather can also affect the difficulty of a walk. Use these grades as a guide for which walks to try:

- 1★ walks will generally be gentle paced and over easy terrain such as lowland hills (e.g. Sandstone Trail, Cheshire).
- 2★★ walks may be longer in distance, involve more ascent or cover rougher terrain but with no technical ability required (e.g. Moel Famau, Clwydians).
- 3★★★ walks may be faster paced, or a longer distance, and will usually involve steep ascents over rough ground, often involving scrambling and requiring a good head for heights (e.g. Carneddau, Glyders in Snowdonia).

Evening walks are not graded as they are relatively short and even with hills are rarely more than an upper 1★.



### **PROGRAMME OCTOBER – DECEMBER 2022**

**Chester and District Walking Group** is a friendly group bringing together people from Cheshire, Wirral, North Wales and surrounding areas who enjoy walking and socialising.

### **MEMBERSHIP**

Membership is £10 a year, although you are encouraged to attend two or three events before deciding to join. Everyone over the age of 18 is welcome.

Subscriptions are due on joining and renewed following the AGM in November. They go towards the cost of running the group, including website maintenance, publicity, insurance, general administration and give you access to our detailed weekly walk emails.

**Chair**  
**Secretary / Treasurer**  
**Website Officer**  
**Programme Secretary**  
**Insurance Officer**

Tracy Osborne  
Pamela Bent  
Peter Benson  
Brian Burden  
Graham Coles

[cdwg@btinternet.com](mailto:cdwg@btinternet.com)  
[www.chesterwalking.org.uk](http://www.chesterwalking.org.uk)

## OCTOBER

**SUNDAY 2nd** Llandegla Forest ★★  
**10.30am start** 8 miles John  
 John will be kicking off our new programme with this lovely 'freestyle' walk, taking in the best features of all four of the forest's official walking routes

### SATURDAY 8th

**Day at Crewe Heritage Centre**  
**10am start (Chester Station)** John  
 Don't miss this fun day out with lots of interesting train things at a fascinating museum and a model railway exhibition

**SUNDAY 9th** Llanarmon yn Ial ★★  
**10.30am start** 9 miles Pamela  
 This scenic walk takes in both Bryn Alyn and Nercwys Mountain and has lovely views

**WEDNESDAY 12th** Christleton ★  
**10.30am start** 6 miles Tracy  
 A gentle walk over fields, lanes and the canal path, taking in the three bridges and ending up at the Cheshire Cat pub

**SUNDAY 16th** Bwlchgwyn ★★  
**10.30am start** 8 miles Pete  
 Starting from 'the highest village in Wales', Pete will take us on a few moderate climbs (and a couple of steep ones!) going up through the forest of Nant y Ffrith, skirting Ffrith & Llanfynydd before looping back

**SUNDAY 23rd** Caergwrle ★★  
**10am / 11am start** 7 miles Gaynor  
 Join Gaynor for a lovely breakfast at Honeys, Caergwrle at 10am. Then, at 11am we will walk to Hope (including a section of Wats Dyke), before going up to Hope Mountain via Bryn Yorkin estate and back

**SATURDAY 29th** Great Budworth ★  
**10.15am start** 8.5 miles Tracy  
 A lovely stroll from the George and Dragon pub in Great Budworth, heading to Arley Hall and Pickmere

## NOVEMBER

**FRIDAY 4th** Brynford ★★  
**11am start** 7 miles Pamela  
 An interesting walk with great views, taking in the old Holywell racecourse and the Pen y Ball monument, followed by tea and cake at the award winning Pet Cemetery tearooms!

**SUNDAY 6th** Wepre Park ★★  
**10.30am start** 7.5 miles Steve  
 Enjoy this walk in Wepre Park and surrounding area (this is a different route from last time), which should coincide with the leaves displaying their glorious autumn colours

**WEDNESDAY 9th** Harthill ★★  
**10.30am start** 7.5 miles Tracy  
 A scenic walk, starting from the Harthill cookery school, taking in Broxton, Bickerton and Brown Knoll

**FRIDAY 11th** Annual General Meeting  
**7:30pm start** Ye Olde Custom House, Chester

**Social**

Please join us to review the last year and plan for the next exciting 12 months of our new walking adventures! Followed by drinks in the bar .....

**SUNDAY 13th** Llangollen ★★  
**10.30am start** 7.5 miles Steve  
 A pretty walk from Wenffrwd Nature Reserve up to the Offa's Dyke path and down to the Pontcysllte Aqueduct, then back along the canal

**WEDNESDAY 16th** Llangollen ★  
**11am start** 6 miles Gaynor  
 Starting from the Wharf Tea Rooms, this lovely walk includes a canal, the Horseshoe Falls and an ancient abbey

**SUNDAY 20th** Nannerch ★★  
**11am start** 8 miles Graham  
 Enjoy pretty woodland paths and country lanes around Lixwm, Nannerch and Ysceifiog

### FRIDAY 25th to MONDAY 28th

#### **LLANDUDNO CHRISTMAS WEEKEND AWAY**

**Two full day walks will be arranged by Brian**  
 Stay with us in Llandudno or travel to one or both walks each day. We have rented a large house for the weekend, which is currently fully booked (so you will need to book your own accommodation).

## DECEMBER

### FRIDAY 2nd

**Social**

**'SafeHouse' at Telford's Warehouse**  
**8pm start** Juliet  
 A not to be missed night of foot tapping, funky grooves, featuring our very own Bernie who will be showing off his musical talent in his role as soul band SafeHouse's trumpet player. Great for dancing!!

**SUNDAY 4th** Delamere Christmas Ramble ★  
**8.30am start** 10 miles Denis  
 Join Denis on his delightful Delamere Christmas ramble, starting from Gresty's Waste car park (an early start is necessary, as this car park gets very full). It will be a lovely, flat festive walk in and around the Delamere area, with the opportunity to stop at the cafe, have a drink, enjoy a mince pie and catch up with everyone

**SUNDAY 11th** Chester ★ **Walk/Social**  
**12 noon start** 7 miles Mo  
 Mo will be taking us for a gentle walk along the canal up to Chester Zoo, returning via the Countess of Chester Country Park. On our return at around 4pm, we will enjoy an 'all you can eat' curry buffet at the Chester Tandoori in Brook Street for the very reasonable price of £11.95 each. Join us for the walk, the curry or both!

**WEDNESDAY 14th** Mold ★★ **Walk/Social**  
**11am start** 5 miles Pamela  
 A lovely, scenic walk from the Glasfryn pub, on the outskirts of Mold, heading up to the Gwysaney Estate, followed by lunch in the Glasfryn

**SUNDAY 18th** Thurstaston Common ★  
**10.30am start** 8.5 miles Chris  
 Enjoy Chris's easy festive walk exploring the lovely Wirral

**MONDAY 26th** BOXING DAY ★  
**10.30am start** 7 miles Chris  
 Burn off those Christmas mince pies with this scenic walk up Bidston Hill, past the observatory and the windmill, with a possible extension around Bidston Moss